

Therapeutic Massage MAR Checklist



This checklist provides an overview of the steps to apply for a Therapeutic Massage MAR Review.

Apply for Admission to Forsyth Tech

- Apply for admission if you are new to Forsyth Tech or if it has been more than one year since you registered for classes.
- <https://www.forsythtech.edu/students/apply/>

Submit Transcripts to Admissions & Records

- Submit high school transcripts, GED scores, and/or an official AP exam score report.
- If you completed any of the related courses at another college, submit those college transcripts to be evaluated for transfer credit.

Meet Minimum Requirements for English and Math

- You might meet the Math and English readiness requirements if: you passed college-level English and math classes; you finished high school with a 2.5 or higher Unweighted GPA; you earned an Associate or Bachelor's degree; you made appropriate scores on a Forsyth Tech placement test.
 - You may need to enroll in ENG-011 + ENG-111 and MAT-043 + MAT-143 if you have not met the minimum requirements.

Submit the MAR Application

- The application opens on May 1, 2025. Students who are certain they want to enroll in Therapeutic Massage are encouraged to apply early. The application deadline is July 11, 2025.
- Log into TechLink before clicking on the link below.
- [Therapeutic Massage MAR Application Link](#)

Begin taking Related Courses

- Several general education classes are required for the degree in Therapeutic Massage. Feel free to take these courses before you are officially enrolled in the program.
- [ENG-111 or 110](#) / [BIO-163](#) / [COM-120 or 231](#) / [HUM-115](#) / [PSY-150 or 118](#) / [SOC-225](#)
- See page 5 in the MAR packet for details about the related courses.

Check your Forsyth Tech email regularly

- Once your MAR application is reviewed, you will receive an email with a summary of your review. Promptly notify the reviewer of any concerns.
- Please note that your application might not be reviewed until after the MAR deadline.



Therapeutic Massage

MAR Application Deadline: **July 11, 2025**

Therapeutic Massage is a limited enrollment program beginning each fall semester (August). The program begins with a series of two certificates that can be completed in two semesters on the Day/Full-Time Track, or in four semesters on the Evening/Part-Time Track. Each track accepts **16 students** for the fall. Completion of both the **Massage Practitioner I Certificate** and the **Massage Practitioner II Certificate** allows students to acquire the skills and clinical hours necessary to be eligible for North Carolina licensure as a massage therapist. Graduates of the certificate series then have the option to earn an associate degree by meeting additional course requirements (see pages 5 and 9).

Therapeutic Massage is a first-qualified, first-accepted program. Students who meet the minimum English and math requirements can submit a MAR application to be considered for admission. **Apply early for the best chance of admission.** Once all seats are filled for the day and evening programs, qualified applicants will be added to a list of alternates. If any seats open before the program starts in August, alternates may be offered the opportunity to enroll.

Students who are accepted to the program will have additional requirements to complete before the start of classes. Review the requirements and costs on page 6. Further information will be provided during the program orientation. Students who do not meet these deadlines or qualifications may have their offer of admission rescinded. Once enrolled, students must earn a grade of 80 or higher in all core massage classes to remain in the program.

The instructional facility for the Therapeutic Massage program is located at the **Grady P. Swisher Center, 1108 Swisher Center Road, Kernersville, North Carolina.**

Licensure Notice

Students may be eligible to apply for licensure after completing the certificate series. The North Carolina Board of Massage & Bodywork Therapy conducts a criminal background check before licensing. Additionally, students may be required to demonstrate English language proficiency to meet licensure requirements. The cost for licensing is approximately \$435.

1. Apply to Forsyth Tech

New Students: You must be admitted to Forsyth Tech before completing a MAR application.

Former Students: Reapply if it has been more than one year since you registered for classes.

Current Students: Students who are currently registered for classes, do not need a new Admissions application.

ALL APPLICANTS should ensure their state residency determination is up to date.

Online application for admission to Forsyth Tech:

<https://www.forsythtech.edu/apply-ft/>

North Carolina Residency Determination Service: www.ncresidency.org

2. Verify that you meet the minimum readiness requirements

Therapeutic Massage applicants must demonstrate readiness for college-level English and Math. Your advisor can help you determine if you meet the readiness requirements.

COLLEGE ENGLISH READINESS	COLLEGE MATHEMATICS READINESS
<ul style="list-style-type: none"><input type="checkbox"/> Option 1: You have completed or received transfer credit for ENG 111.<input type="checkbox"/> Option 2: You have completed or received waiver credit for <u>all</u> of the following: DRE 096, DRE 097, DRE 098.<input type="checkbox"/> Option 3: You have completed or received waiver credit for ENG 002 with a minimum grade of P2.<input type="checkbox"/> Option 4: You have completed or received waiver credit for ENG 011 or are currently enrolled in ENG 111/011.<input type="checkbox"/> Option 5: An earned associate or bachelor's degree from a regionally accredited institution.<input type="checkbox"/> Option 6: Completion of placement test and achievement of appropriate scores. <u>If you took the placement test elsewhere, you MUST submit those scores to Forsyth Tech Admissions & Records.</u><input type="checkbox"/> Option 7: Graduate of a US high school with a GPA of 2.5 or higher.	<ul style="list-style-type: none"><input type="checkbox"/> Option 1: You have completed or received transfer credit for <u>one</u> of the following -- MAT 143, MAT 152, MAT 171 (or a higher-level math).<input type="checkbox"/> Option 2: You have completed or received waiver credit for <u>all</u> of the following: DMA 010, DMA 020, DMA 030, DMA 040, and DMA 050.<input type="checkbox"/> Option 3: You have completed or received waiver credit for MAT 003 with a minimum grade of P2.<input type="checkbox"/> Option 4: You have completed or received waiver credit for MAT 043 or are currently enrolled in MAT 143/043.<input type="checkbox"/> Option 5: An earned associate or bachelor's degree from a regionally accredited institution.<input type="checkbox"/> Option 6: Completion of placement test and achievement of appropriate scores. <u>If you took the placement test elsewhere, you MUST submit those scores to Forsyth Tech Admissions & Records.</u><input type="checkbox"/> Option 7: Graduate of a US high school with a GPA of 2.5 or higher.

3. Submit official transcripts (and/or AP scores)

Electronic transcripts can be sent directly from a school or transcript management company to admissions@forsythtech.edu. Transcripts emailed by the student are not accepted.

Paper transcripts can be mailed to:
Forsyth Technical Community College
Attn: Admissions
2100 Silas Creek Parkway
Winston Salem, NC 27103-5197

Hand delivered transcripts must be in the original **sealed** envelope and dropped off at the Student Care desk on the Main Campus.

Transcript Recommendations

- We strongly recommend that you submit official high school transcript or GED scores. Transcripts can help us determine whether you have met the readiness requirements.
- If you have completed any of the Related Courses at another college, we must have the official transcripts on file to review for transfer credit.
- For students who took AP exams in high school, an official score report from College Board must be on file to review for transfer credit.

Your MAR Review will be based on documents in your file at the time of the review.

5. Submit the MAR Application

You must be logged into TechLink before clicking on the link to apply.

Application opens: May 1, 2025

[2025 Therapeutic Massage MAR Application](#)

The deadline to apply is July 11, 2025.

Students who are certain that they want to enroll in Therapeutic Massage are encouraged to apply early for the best chance of admission.

What to expect after submitting the application

- A confirmation message will be shown on the screen after you submit your application.

- We will communicate using your Forsyth Tech email address. Check your email daily and keep your phone number up to date in MyForsythTech.
- Advisors often start reviewing applications after the priority deadline. Once we review your application, you will receive an email with a summary of your qualifications and an admissions decision. Review this information carefully and contact your advisor if you have questions.

General Education/Related Courses for Therapeutic Massage

Associate in Arts-Health Tech Track (AA-HT) is the correct program for students who plan to apply to Therapeutic Massage. The AA-HT track allows you to start taking the general education courses that are required for your certificate or degree before you are officially admitted to the program. You are *not* required to complete these classes before applying.

Please note that students who are admitted to Therapeutic Massage must earn a grade of 80 or higher in all core MTH classes in order to continue in the program.

The general education/related courses for Therapeutic Massage are listed below.

General Education / Related Courses for Therapeutic Massage			Class is required for:	
Course	Course Title	Notes	Degree	Certificates
ENG 111 or ENG 110	Writing & Inquiry or Freshman Composition	ENG 110 is not financial aid eligible for health tech track students.	X	X
PSY 150 or PSY 118	General Psychology or Interpersonal Psychology	PSY 150 is preferred. PSY 118 is not financial aid eligible while in AA Health Tech Track.	X	
BIO 163	Basic Anatomy & Physiology	BIO 168 + 169 can be substituted to meet this requirement.	X	
COM 120 or COM 231	Interpersonal Communication or Public Speaking		X	
HUM 115	Critical Thinking		X	
SOC 225	Social Diversity		X	

NOTE: MED-121: Medical Terminology I is required for the certificate series. Students will be able to register for this class after they are accepted to Therapeutic Massage.

After Admission: Therapeutic Massage Clinical Requirements

Clinical Requirements Deadline: **August 8, 2025**

Students are not fully admitted to the program until they have completed all of the enrollment requirements. If you are offered admission, there will be several additional requirements to fulfill before classes begin. The Program Coordinator and faculty in the Therapeutic Massage program will provide more information about the tasks and due dates.

If you have questions about these requirements, please direct them to:

Larry Ball, Program Coordinator, Therapeutic Massage
(336) 734-7916 or LBALL@forsythtech.edu

The necessary paperwork and instructions will be provided after acceptance into the program. Some requirements, such as the immunization report and medical exam with your primary care physician, may take several weeks to complete. Applicants may need to make arrangements for these tasks prior to being notified of whether they are accepted into the program.

Program Orientation

Orientation is required for students who have been accepted to Therapeutic Massage. Students will register for classes, meet the faculty, obtain forms for the additional requirements, and learn what to expect in the program. Admitted students will be notified via email of the orientation date, time, and location.

Professional Massage

Admitted students must arrange to have a massage from a licensed massage therapist. Obtain the form to document the session by contacting the Program Coordinator. Approximate cost of massage: \$50 to \$70.

Current CPR Certification

Only the American Heart Association Basic Life Support Healthcare Provider CPR Certification will be accepted. Admitted students will receive instructions on when to submit their certification card. CPR classes are offered at Forsyth Tech. Visit this webpage to learn more <https://www.forsythtech.edu/students/courses-programs/fast-track-courses/american-heart-association-certification-courses/>.

Approximate cost: \$50.

Student Medical Health Form / Immunizations Records

Students who are accepted to the health programs are required to have their medical doctor complete a health form, which includes immunization records.

Approximate cost: \$100.

Technical Standards for Therapeutic Massage

Our program technical standards have been developed to help students understand nonacademic standards, skills, and performance requirements expected of a student in the Therapeutic Massage Program.

If an accommodation is necessary to participate in the program, it is imperative to identify reasonable accommodations to those students who qualify under the Americans with Disabilities Act (ADA). Reasonableness is determined by the Disability Services Office (DSO) and the program on a case-by-case basis utilizing the program technical standards. The accommodation needs to be in place prior to the start of the program, or it may delay your ability to start the program. It is the student's responsibility to contact the DSO and request accommodation.

Skills	Description	Specific Examples
Sensory	Visual, auditory, and tactile senses must be sufficient to provide client care, monitor and assess therapeutic needs, and to maintain a safe environment.	<ol style="list-style-type: none"> 1. Visually distinguish data from assessing clients. 2. Perceive color variations and depth. 3. Observe and individual's presentation. 4. Perceive a variety of odors. 5. Perceive variations of touch (i.e., texture differences, hot/cold, pulsations, etc.).
Communication	Communication abilities sufficient for interaction with faculty, students, clients, etc. in verbal and written form. Candidates will be required to communicate with and respond to clients, faculty and other students as well as observe clients.	<ol style="list-style-type: none"> 1. Elicit information (i.e., questioning of the client). 2. Describe changes in mood, activity, posture. 3. Perceive nonverbal communication
Motor and Function Abilities	Requirements of a candidate include gross and fine muscular movements, equilibrium, strength, and functional use of the senses of touch, and vision for the safe handling of the client, and self	<ol style="list-style-type: none"> 1. Elicit information from patients by palpation, percussion, testing muscle strength and function. 2. Safely perform therapeutic procedures 3. Provide other client services and client-associated services.
Intellectual: Conceptual, Integrated, and Quantitative Abilities	The Candidate must have these abilities to accurately calculate, analyze, synthesize, and report appropriate physiologic client data	<ol style="list-style-type: none"> 1. Solve problems (i.e., client care problem solving). 2. Relationships (i.e., anatomical relations). 3. Understand the spatial relationship of structures.

Skills	Description	Specific Examples
Behavioral and Social Skills	The Candidate must have these abilities to provide empathic support to clients and to interact with clients, and colleagues	<ol style="list-style-type: none"> 1. Ability to develop mature, sensitive, and effective relationships with clients, and fellow therapists. (Interpersonal skills) 2. Tolerate physically and mentally taxing workloads. 3. Function effectively under stress. 4. Adapt to changing environments. 5. Display flexibility and ability to function during uncertainty inherent in health care (i.e., emergency conditions). 6. Display compassion, empathy, integrity, concern for others, interest and motivation, and professional demeanor.
Technological	The Candidate must be able to effectively use a computer with manual keyboarding, mouse, and viewing a monitor/screen.	<ol style="list-style-type: none"> 1. Review, record, research client information and pre-existing conditions.

All the above abilities, skills and knowledge in a candidate will be continually tested by evaluation during the educational process of this program.

This document is intended to serve as a guide regarding the physical, emotional, intellectual, and psychosocial expectations placed on a student. This document cannot include every conceivable action, task, ability, or behavior that may be expected of a student. Meeting these technical standards does not guarantee employment in this field upon graduation. Ability to meet the program's technical standards does not guarantee a student's eligibility for any licensure, certification exam, or successful completion of the degree program.

Program Schedules

Day/Full-Time Certificate Track

Students who attend full-time can complete the certificate series in two semesters. The massage classes are held during the times listed below.

Fall Schedule for Massage Practitioner I		Spring Schedule for Massage Practitioner II	
Monday - Thursday	9:00 AM to 2:50 PM	Monday - Thursday	9:00 AM to 2:50 PM
		Friday	9:00 AM to 12:15 PM and 1:00 PM to 4:15 PM

Evening/Part-Time Certificate Track

Students in the part-time evening track will finish the certificate series in two years (four semesters). Massage classes are taken in the evening during the week.

Year 1 Massage Practitioner I	Fall Schedule		Spring Schedule	
	Monday	6:00 PM to 8:00 PM	Monday - Thursday	6:00 PM to 8:10 PM
	Tuesday – Thursday	6:00 PM to 8:50 PM		
Year 2 Massage Practitioner II	Fall Schedule		Spring Schedule	
	Monday - Thursday	6:00 PM to 8:50 PM	Monday - Thursday	6:00 PM to 9:00 PM

AAS Degree Completion

Students who have completed the certificate series may continue their education to earn the Associate in Applied Science degree. For the degree, students will complete additional coursework in therapeutic massage and must finish all of the general education/related courses listed on page 4. The times listed below are for the additional massage classes. Students should schedule their general education courses at times that do not conflict.

Fall Schedule for Degree Completion		Spring Schedule for Degree Completion	
Monday	9:00 AM to 12:20 PM	Monday	9:00 AM to 12:20 PM
Tuesday - Friday	Online	Tuesday	9:00 AM to 2:30 PM
		Wednesday -Friday	Work-Based Learning and online coursework

Deferred Action Childhood Arrival (DACA) and Undocumented Students Policy

Current NCCCS policy allows DACA and undocumented applicants to enroll at Forsyth Tech at the out of state tuition cost. However, acceptance to the college does not guarantee acceptance to a specific program.

DACA students are eligible to apply to an Allied Health/Nursing program.

Undocumented students are not eligible for consideration to Allied Health or Nursing programs. According to North Carolina and Federal law, undocumented students are not eligible for North Carolina professional licensure.

This policy is subject to change without notice based upon federal and state regulations.

NOTE: The information provided in this packet is subject to change annually.