

Bonding Through Play – Supply List

GENERAL REMINDERS:

- Please dress your child in play clothes or bring an old t-shirt/smock for messy activities.
 - Feel free to bring water for you and your child.
 - Don't forget your smiles, patience, and playful energy! ✨
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Class 1: Music & Movement

Please bring:

- Clean **recycled materials from home** (Examples: water bottles with lids, chip cans, coffee containers, snack boxes, paper towel rolls, plastic Easter eggs, etc.)
 - **Dry fillers** such as dry beans, pasta, or rice (for shaker instruments).
 - A **blanket you don't mind getting dirty** – for parachute-style fun outdoors!
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Class 2: Recipes, Reading, & Real-World Math

Please bring:

- **Four of your child's favorite fruits** (washed and ready to cut).
 - **2 bowls** (medium size).
 - **2 spoons** (child + parent).
 - **Plastic knives** (from home, safe for children).
 - **Cotton balls** (1 small bag).
 - **Popsicle sticks** (craft size, any amount).
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Class 3: Sensory Play & Exploration

Please bring:

- **1–2 Bubble Sticks** (Suggested: Play Day Bubble Stick, 5 fl oz – Walmart \$0.96).
- **Set of paint brushes** (Suggested: YGAOHF 6PCS Kids Paint Brushes – Amazon \$9.95; Walmart or Dollar Tree also sell inexpensive brush packs).
- **Your child's paint shirt or smock** – something you don't mind getting messy!

Class 4: Breathing Ball & Mindful Moments

Please bring:

- **Expandable breathing ball** for our mindfulness activity. You may purchase:
 - **ORB Curiosities Jumbo Expand-A-Ball** – More Than Doubles in Size (6" to 14"), great for breathing exercises and sensory play – *Amazon \$9.99*
 - OR find a similar **expandable ball at Dollar Tree**

💡 I can't wait to meet you and your little ones for this joyful summer experience!

Let's **explore, move, create, and connect—all through play.**

If you have any questions, feel free to reach out.