Beginner Quilting: Piece, Baste, Quilt & Bind

Class Description

Finish Your First Quilt! This comprehensive, four-session course is designed for those who are **new to quilting** but **comfortable with a sewing machine** (i.e., you know how to thread your machine, wind a bobbin, and sew a straight line). This is **not a beginner sewing machine class**, but rather a beginner quilting class that focuses on the necessary techniques to complete a quilt.

You will learn every step of the quilting process by creating a beautiful, modern **42" x 42" Astrodelic Quilt**—perfectly sized for a **wall hanging, a baby quilt, or a stylish table topper**.

Over four bi-weekly sessions, you will learn the essential skills:

- **Piece:** How to read a quilt pattern, accurate rotary cutting, and assembling quilt blocks.
- Baste: Securing all three quilt layers and creating a quilt "sandwich."
- Quilt: Mastering your machine's walking foot for straight-line quilting.
- **Bind:** Finishing your project with a professional, double-fold binding and how to add a hanging sleeve (for wall hanging option).

The class meets every other week, giving you two full weeks between sessions to complete homework and ensure you finish the class with a beautiful, completed quilt!

The Quilt: The Astrodelic Pattern

The Astrodelic Quilt is a stunning, geometric design that creates a starburst or log cabin star effect. It is pieced using simple straight seams and basic techniques that are accessible to beginners, yet result in a dynamic and visually impressive finished piece. Students can choose to use solid fabrics for a bold modern look or coordinate prints for a more whimsical feel (see photos below).

Required Supply List

1. Astrodelic Quilt Pattern (FREE PATTERN by Art Gallery Fabrics):

- Solid Fabric Version (https://www.fatquartershop.com/astrodelic-quilt-free-pdf-pattern)
- <u>Patterned Fabric Version</u> (https://www.artgalleryfabrics.com/cgibin/fabricshop/projects.cgi?patternID=5)
- 2. **Fabric for Quilt Top:** A total of approximately 3 yards of quilting cotton, divided among 9 different fabrics (following the specific yardage given in the Astrodelic pattern—typically 1/8 to 3/8 yard each for fabrics A-I).
- 3. **Backing Fabric:** 1.5 yards of standard quilting cotton. (Will need 2 yards for wall quilt, due to the addition of a hanging sleeve).
- 4. **Binding Fabric:** 1/2 yard of quilting cotton (this amount varies from the pattern, due to the binding method that will be taught in the class).
- 5. **Batting:** One square piece, at least 46" x 46" (e.g., a bag of baby or crib size batting).
- 6. Sewing Machine in good working order, with power cord and foot pedal.
- 7. **Basic Sewing Supplies:** Thread (neutral color like white or light gray), fabric scissors, seam ripper, erasable fabric marker or fabric pencil.

8. Cutting & Measuring:

- o Rotary Cutter (45mm or 60mm recommended).
- Quilting Ruler (Recommended Size: 6" x 24".
- Cutting Mat.
- o Iron and Ironing Board (or a portable pressing mat and small iron).

9. For Quilting/Finishing:

- Walking Foot attachment for your sewing machine (required for Class 3).
- Basting Supplies (either quilt basting spray OR quilting pins will be needed for Class 2. You
 do **not** need to purchase one of these options before the first class. We will discuss the
 pros and cons of both during the first session to help you decide which is best for you).
- Sewing Clips (such as brand name Wonder Clips) are optional, but helpful with quilt binding.

Questions about the supply list? Please feel free to email the instructor, Beth Mitchell, at bmitchell@forsythtech.edu for clarification before the first class.

Astrodelic Quilt Examples



