

Beginner Quilting: Stretched 16-Patch Quilt

Create a bold, modern quilt from start to finish in this four-session quilting class! Students will make the Stretched 16-Patch Quilt, a strip-pieced design that uses light and dark fabric contrast to create a dynamic checkerboard effect.

This pattern includes two versions:

- Stretched Version (made with 3½" strips)
- Skinny Version (made with 2½" strips)

In class, the instructor will demonstrate the 3½" Stretched version, as it is slightly more forgiving and faster to piece. However, students who prefer the look of the Skinny version are welcome to follow the pattern's fabric requirements for that option.

The pattern also includes multiple size options ranging from crib to king. For most students, the crib, small throw, or throw sizes are recommended for completion during the course. Students with prior quilting experience are welcome to choose a larger size..

What You'll Learn

- Read and interpret a multi-option quilt pattern
- Understand strip-width differences (3½" vs. 2½")
- Cut fabric strips accurately
- Strip-piece and sub-cut 16-patch blocks
- Create strong light/dark contrast layouts
- Assemble a quilt top
- Baste a quilt sandwich
- Quilt using a walking foot
- Machine bind a quilt for a professional finish

Prerequisite

Students must know how to operate their sewing machine, including threading and basic troubleshooting. This is not a beginner sewing machine class.

Supply List (Students Provide Their Own Supplies)

Pattern

The Stretched 16-Patch Quilt pattern by Leila Gardunia is a free pattern.

[Click here for PDF pattern link.](#)

Fabric – Choose Your Version & Size

Fabric may be purchased in one of the following ways:

- A Fat Quarter bundle
- Individual Fat Quarters
- OR the same number of ¼-yard cuts of yardage

If your local fabric store does not carry precut bundles, simply ask for the number of ¼-yard cuts listed below. A fat quarter and a ¼-yard cut are slightly different shapes, but both will work for this pattern when cutting strips.

Recommended Sizes for Completion During Class – Stretched Version (3½" strips demonstrated in class):

Crib (36" x 48" finished size) requires:

- 9 Fat Quarters
- OR 9 separate ¼-yard cuts
- OR 18 Fat Eighths

Small Throw (48" x 64" finished size) requires:

- 16 Fat Quarters
- OR 16 separate ¼-yard cuts
- OR 32 Fat Eighths

Throw (60" x 64" finished size) requires:

- 20 Fat Quarters
- OR 20 separate ¼-yard cuts
- OR (8) ½-yard cuts

Students choosing the Skinny (2½") version should follow the Skinny fabric chart in the pattern for their selected size. Fat quarters or ¼-yard cuts may also be used for this version.

Fabric Selection Guidance: Each block is made from one light and one darker fabric. For best results, choose fabrics with clear contrast in value (light vs. dark). Avoid choosing all medium tones, as the design relies on contrast for its visual impact.

Backing, Binding & Batting

Backing Fabric: Follow the yardage chart in the pattern for your selected size.

Binding Fabric: Follow the pattern's binding requirements (typically ½–¾ yard depending on size).

Batting: Purchase batting slightly larger than your quilt top size.

Tools & Equipment

- Sewing machine in good working order
- ¼" presser foot (recommended)
- Walking foot (required for quilting week)
- Rotary cutter
- Self-healing cutting mat
- Quilting ruler (recommended size: 6" x 24")
- Pins or clips
- Neutral piecing thread
- Seam ripper
- Fabric marking tool
- Iron and ironing board

Basting Supplies (Required for Week 2)

Choose ONE method:

- Quilt basting spray

OR

- Safety pins for pin basting

OR

- Hobbs fusible batting

Students do not need to purchase basting supplies before the first class. Options will be described in Week 1.

Class Structure (4 classes, each 9 AM to 12 PM, West Campus room 34)

Week 1 (June 27th) – Strip Piecing & Block Construction

Week 2 (July 11) – Quilt Top Assembly & Basting

Week 3 (July 25) – Walking Foot Quilting

Week 4 (August 8) – Binding & Finishing

